



Occasionally a student will develop symptoms during school hours such as fever, headache, muscle pain, menstrual cramps, rash, allergies or minor cold symptoms. Your child's symptoms may be helped by over the counter medications such as those listed below. The nurse can assess whether your child might benefit from the medication but Parental Consent is needed before the medication can be given. Please fill this form out and return to the Nurses' Office. This form must be updated each year to be effective.

Student's Name _____ DOB _____ Grade _____ Homeroom _____

Allergies to food or medicine: _____ NO _____ YES Please list _____

Please check the individual medications below that you wish to be made available to your child: Any _____ None _____

I prefer a phone call prior to medication being administered to my child: No _____ Yes _____

Please administer medication if unable to reach a Parent/Guardian: No _____ Yes _____

| Medication | Dose | Notes |
|---|---|---|
| Acetaminophen (160 mg/tsp or 325 mg per tabs) Tylenol or generic | 24-35 lb. – 1 tsp 36-47 lb. – 1.5 tsp 48-59 lb. – 2 tsp or 1 tab 60-71 lb. – 2.5 tsp or 1 tab 72-95 lb. – 3 tsp. or 1.5 tabs 96 lbs. + - 4 tsp or 2 tabs | Every 4 hours as needed for pain or fever. Not to be given if prior history of allergy. Rare side effects include allergic reaction, rash, liver damage and other serious medical conditions. |
| Ibuprofen (100 mg/tsp or 200 mg tab) Advil, Motrin, or generic | 24-35 lb. – 1 tsp 36-47 lb. – 1.5 tsp 48-59 lb. – 2 tsp or 1 tab 60-71 lb. – 2.5 tsp or 1 tab 72-95 lb. – 3 tsp. or 1.5 tabs 96 lbs. + - 4 tsp or 2 tabs | Every 6 hours for pain, fever, or menstrual cramps. Not to be given if prior history of allergy to this or other anti-inflammatory medications or aspirin. May cause stomach upset. Rare side effects include allergic reactions, more significant gastro-intestinal symptoms, and other serious medical conditions. |
| Diphenhydramine (12.5 mg/tsp or 25 mg tab) Benadryl or generic | 25-37 lb. – 1 tsp 38-49 lb. – 1.5 tsp 50-99 lb. – 2 tsp or 1 tab 100 lb.+ - 4 tsp or 2 tabs | Every 6 hours allergy symptoms or itching May cause sedation. Rare side effects include allergic reactions, dry mouth, constipation, and other serious medical conditions. |
| Bacitracin (or similar topical antibiotic ointment) | Applied to injury | For cuts and scrapes Appropriate cleaning and first aid will be provided first. May cause skin irritation. Rare side effects include allergic reactions. |
| Anti-Itch cream (Benadryl or generic) | Applied to affected area | For relief of itching Not to exceed 3 doses per day. (school) Do not use on large areas or broken skin. May cause skin irritation. Rare side effects include allergic reactions. |
| Antacid (Tums or generic, 750 mg Calcium Carbonate) | 24-47 lb. - .5 tab 48 lb.+ - 1 tab | For heartburn/stomach upset May interact with other medications. Rare side effects include allergic reactions. |
| Contact lens solution | Use as directed | For care of contact lenses |
| Cough Drops | Use as directed | For Cough |

Parent/Legal Guardian Signature: _____ Date _____

Daytime Phone # _____

Second Contact _____ Phone # _____